

Arsène Baheux



Name: (First name) Arsène ; (Last name) Baheux

Position: PG

Height: 5'10" / 178cm

Age: 18 years old

Date of Birth: August 6, 2006

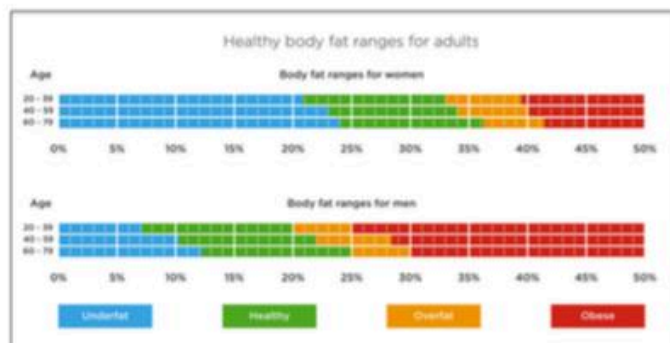
Nationality: French, Français

Previous Team: Hout Bay Snipers (Cape town South Africa) /
Europrobasket (Valencia Spain)

Social Media : (Instagram) Arsene_bhx ; (YTB Channel) Arsène Baheux

PERFORMANCE PROFILE

PLAYER:	ARSENE BAHEUX		AGE:	18	DATE:	07/08/2024		
					DATE:	11/12/2024		
MORPHOLOGICAL DATA								
HEIGHT:	176 cm		DOMINAT LEG:					
WINGSPAN:	180 cm		Jump test:			R / L		
APE IDEX:	1,02		Sprint test:			R / L		
LEG HEIGHT:	83 cm		DOMINAT ARM:					
LEG HEIGHT (90°):	73 cm		Shot test:			R / L		
BODY COMPOSITION DATA								
1°test		2°test		1°test		2°test		
B. WEIGHT	62,2 kg	62,6 kg	FAT MASS	10,3 %	12,1 %	MUSCLE MASS	85,2 %	83,4 %
BMI	20,1	20,2		6,4 kg	7,6 kg		53,0 kg	52,2 kg
TOTAL BODY WATER	68,3 %	66,3 %	VISC. FAT RATE	1	1	BASAL METABOL RATE	6983 kJ	6912 kJ
	42,5 kg	41,5 kg					1669 Kcal	1652 Kcal
JUMPING TEST DATA (CMJ with arms)								
1°test				2°test				
JUMP HEIGHT (cm)	51,68				52,34			
FLIGHT TIME (ms)	649				653			
TAKE-OFF SPEED (m/s)	1,59				1,60			
FORCE (Newtons)	3763,38				3828,45			
POWER (Watts)	5991,60				6134,32			



SHOOTING CHART



Name player: Arsene Baheux

DATE	Catch and shoot 50	Off the dribble 50	Threepointers 50	Freethrows 50	Total 200	Percentage 100
Week 1: 7/08	24	23	21	22	90	45
Week 2: 15/08	22	29	25	33	109	54.5
Week 3: 22/08	25	21	23	35	104	52
Week 4: 29/08	25	22	20	28	95	47.5
Week 5: 6/09	24	24	17	31	96	48
Week 6: 11/09	23	25	20	30	98	49
Week 7: 18/09	28	24	25	23	100	50
Week 8: 26/09	30	29	19	38	116	58
Week 9: 3/10	21	23	26	38	108	54
Week 10: 10/10	27	29	20	38	114	57
Week 11: 17/10	26	22	20	36	104	52
Week 12: 24/10	30	31	24	39	124	62
Week 13: 7/11	23	23	17	43	106	53
Week 14: 15/11	23	30	28	41	122	61
Week 15: 21/11	31	26	19	38	114	57
Week 16: 27/11	30	31	29	42	132	66
Week 17: 4/12	Absent					
Week 18: 13/12	32	33	19	39	123	61.5
Week 19: 18/12	36	32	28	46	142	71



Highlights:

▶ [Arsène Baheux Basketball Highlights Europrobasket 2024/2025](#)

Full Games:

Team Color, number 18 : ▶ [EuroProBasket Team White vs Team Color | January 24th 2025](#)

Team White, number 9 : ▶ [EuroProBasket Team Color vs Team White | February 21st 2025](#)

Team Color, number 15 : ▶ [EuroProBasket Team Partizan \(Color\) vs Red Star \(White\) | August 16th 2024](#)

Team White, number 9 : <https://youtu.be/08aHcp8VkOM?si=IkLUgjILHN6op-G9>