

Konstantinos Milis

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Position: Small Forward / Shooting Guard

Height: 6'3", **Wingspan:** 6'5", **Weight:** 200 lbs

Year of Birth : 2006

Nationality: Cyprus

Standing Long Jump: 8'6", **Flying 30ft Sprint:** 1.14s

Mid-thigh Pull Strength: 394 lbs, **Agility Shuttle:** 4.7s



Aspiration: Study and play for a **top academic Division III institution** (Fall 2026)

I'm a student-athlete with elite **game-reading** abilities, strategic **positioning**, strong **rebounding** skills and leadership on and off the court. I thrive under pressure, bring relentless work ethic and **advanced basketball IQ** to every game.

My basketball résumé includes two AAU National Championships (U18/U16), **two National Team invitations (U18/U16)**, and appearances in two High School National Finals.

I currently play for a men's club team in my home country competing alongside **NCAA Division I alumni**, where I continue to develop alongside veterans like Trey Pulliam (SDSU), Grant Singleton (FDU), and Al-Amir Dawes (Seton Hall). Between July 2025 and July 2026 I will be completing a gap year for mandatory military service.

Recruitment Videos

[1- JET-LAGGED CHALLENGE \(FEB 2025\).](#)

[3- CLUB U18 PLAYOFFS \(APR 2024\).](#)

[2 -BEFORE SCHOOL PRACTICE \(DEC 2024\).](#)

[4-YOUTUBE FULL-GAMES /HIGHLIGHTS](#)

Athletic Achievements

2023-24 Statistics	Season: 26:10 MPG, +19.2, Playoffs: 15 PPG, 8 RPG, 7 ASG, 3 SPG
Recent Achievements	Youngest player at APOEL BC Men's Team since September 2024
	AAU U18 Championship Winner, National U18 Team Invitee

Academic Excellence

GPA / Highschool	3.80 / 4.00, The Grammar School of Nicosia, Cyprus
Advanced Courses	AP Math (Calculus), Economics (Micro/Macro), Computers
SAT	1350 (740 Math, 610 Reading) ; Retake October 2025
Intended Major	Applied Mathematics, Financial Mathematics, Data Science
Transcripts	Link to High School Transcripts and A-Levels

Coaching References

High School Coach	+357.99.02.91.77 / vzarcic72@gmail.com	Vladimir Zaric
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